

## CARE Coalition Meeting Minutes

2/23/2024

11:30am-1:00pm

Tolleson Union High School District In person

**Attendees:** We had 30 Coalition Members in attendance

Amanda Pedrosa, LESD	Karina Herrera, THS
Andrea Arellano- Board Member- GESD	Kiersten Walker- Board Member Agua Fria High School
Andrea Contreras, TESD	Lauren Bergemann, Rancho Santa Fe
Ayme Pelagio, THS	Lisa McCormick, Duet
Caelynn Griggs, THS	Luis Belmar, THS
Cathy Yurchick, KOI Ed	Lydia Cossio, THS
David Kohl, Trevor Brown High School	Maria Navarrete, THS
Erica Chavez, THS	Melissa Howard THS
Gala Escareno, Chicanos Por La Causa	Miros Domenzain, Poder in Action
Gisselle Delgado, Mountain Park Health Center	Odetta Meraz, TESD
Heather Jarrell, Aurora Behavioral Health	Sabrina Arreola, THS
Izzamar Gracia, Chicanos Por La Causa	Sebastian Rodriguez, THS
Jacquelyn Ortega, THS	Shelly Thome, West-Mec
Jayne Quartz, THS	Taylor Diaz, THS
Julissa Segovia, bloom 365	
Karen Gifford, KOI ED	

- **Call to Meeting:** Andrea Arellano- *Glendale Elementary School District- Director of Social Emotional Department*
  - Attendees were welcomed, provided housekeeping instructions, and invited to grab lunch.
  - Introduction of THS staff for the Icebreaker
- **Icebreaker: Zachary Prado-** *Touchstone Health Services, Health Educator*
  - **CARE acronym-** The CARE Coalition was instructed to select one word from a letter of ‘CARE’ to explain what their roles and responsibilities are or to share something about their overall organization.
- **Mini CARE Training: Generational Differences-** *Jayne Quartz, Touchstone Health Services, Community Trainer*
  - This mini training will help audience better understand and define the different generations and their key characteristics, as well as gain a deeper knowledge of the challenges and strengths of the current generation.
  - *Link to PPT slides: [Generational Differences PPT](#)*
- **Agency Spotlight: Program Information-** *Julisa Segovia, Bloom 365, Lead Advocate*
  - Bloom 365 reviewed the services they have and what they provide to the community for support. Below are a few of the services they offer:
    - Education: curriculum is available for youth- 7- Dose Curriculum, Flash Dose Lesson, and Middle School 5-Dose. Lastly, they have opportunities to be trained with their: Bloom 365 Certified Instructor Training.

- Individual Advocacy and Counseling: Crisis Counseling, Emotional Support, Safety Planning, Order of Protection Assistance, L.E.V.E.L. Advocacy, Victims' Rights & Victim Compensation Information, and Resource Connections.
- Peer Support Groups: Offer in person and online peer-to-peer support groups for young people who are struggling with self-care, self-esteem, break ups, healing after abuse, dealing with toxic relationships, family tension or friend drama, feeling stressed out or left out at school.
- Behavioral Health Interventions: Request appointments
  - Peer Advocate Group: Anyone can start a Peer Advocate Crew - regardless of experience! BLOOM365 provides support at every step to help you launch your peer-led movement.

If you have any questions about these programs, Please Contact Julisa Segovia

Program Manager/Peer Support Services at [julisa@bloom365.org](mailto:julisa@bloom365.org) or 602-550-6856

- **Call to Action-** Erica Chavez- *Touchstone Health Services (THS) Clinical Director*
  - **Grant Updates:**
    - Currently waiting for approved programming from OPA
    - AFHSD- Still deciding if they will be onboarding new pending programming.
    - TUHSD- Waiting for program to be approved, and may be implementing.
    - Currently looking for new partners in the far West Valley
    - Looking at moving into middle school districts.
      - Sexual Health and Healthy Relationships Curriculum.
  - **Coalition Suggestions:**
    - None at this time but will reach out if any suggestions arise.
- **Upcoming Events, Raffles and Wrap-Up:** *Kirsten Walker and Maria Tena, School Psychologist, Agua Fria Union High School District and Prevention Supervisor, Touchstone Health Services.*
  - **Announcements:**
    - **Poder in Action: Resource Fair on April at Ensueno Park- looking for vendors.**
    - **Project Search: unpaid internship opportunity (18-28)**
    - **Suggested future trainings: Technology impact on youth.**
  - **Winners for the \$20 gift card:**
    - Heather Jarell
    - Cathy Jurchick