

FREE CLASS!

Reserve a spot!



MAKING PROUD CHOICES! (MPC)

WHEN?

4:00pm-5:00pm
Monday - Thursday
2/26-3/12

WHERE?

ARIZONA
COMPLETE HEALTH
AVONDALE
RESOURCE CENTER
995 E RILEY DR,
AVONDALE, AZ
85323

\$20 GIFT CARD!

When you
complete
the program!

*Parental consent is
required
*Must be 14-18 years
of age

MPC is an evidence-based 8-module program that provides youth with the knowledge, confidence, and skills necessary to reduce the risk of sexually transmitted infections (STIs), HIV, and unintended pregnancy by abstaining from sex or engaging in safer sex methods if they choose to have sex.

Youth will have an increased knowledge of STIs, HIV, and pregnancy prevention, value of safer sex including abstinence, an improved ability to negotiate abstinence & safe-sex practices, increased ability to use condoms correctly, and more!

Contact Karina Herrera for more information at:
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or
602-316-1505



ACTIVITIES

Role Plays
Group Work
Trivia Games
Question Box
Video Discussion