

## CARE Coalition Meeting Minutes

August 26<sup>th</sup>, 2022

11:30am-1:00pm

Glendale Community College In- Person West-MEC  
District Office; Board Room

**Attendees:** We had 34 Coalition Members in attendance

Aften Wright, Grad Solutions	Neida Paez, THS
Alexis Perez, THS	Sabrina Arreola, THS
Andrea Arellano-Board Member, GESD	Sebastian Rodriguez, THS
Anna Tran, Eliseo C. Felix	Shana Hornstein, GCC
Barbara Lynch, GUHSD	Toni Kee, AFHSD
Daisy Pacheco, THS	Zulena Miranda, GESD
Daja Alexander, THS	Xavier Gonzalez, AFUHSD
Jacquelyn Ortega, THS	Lynn Spillers
Jayne Hartley, THS	Amy Gable
Jennifer Cohan, Resilient Health	Odette Meraz, TESD
Kasarah Abdella, JAG AZ	Sarah Arsenault
Lydia Cossio, THS	Natalie Schoenbauer, GUSHD
Maria Tena, THS	Puja Sachan, New Leaf
Megan Loeffler, Grad Solutions	Mary Freeland
Mikayla Morgan, THS	Diana Espinoza, GESD
Miros Domenzain, Poder in Action,	Brandi Jordan, Rise Up Glendale
Misti Andrews, TUHSD	Shequan Palmer, Open Hearts

- **Call to Meeting:** Andrea Arellano - *CARE Advisory Board Member*
  - Attendees were welcomed, provided housekeeping instructions and invited to grab lunch
- **Icebreaker:** Alexis McKinley *Touchstone Health Services, Prevention Supervisor*
  - **Ice Breaker**
    - Started the meeting by going around the room and asking members to introduce themselves and answer one of the questions provided.
      - What's your role in your agency? What programs does your agency offer?  
How can attending these meetings help in your field of work? How did you hear about this event? Name a community event your agency has coming up? Tell us one thing about your agency that's unique?
- **Agency Spotlight:** Natalie Schoenbauer - *CARE Advisory Board Member*
  - **Open Hearts Family Wellness-Shequan Palmer, Community Based Manager**
    - Recently partnered with GUSHD with the Project Aware Program to serve elementary school and highschool students.
    - Open Hearts Family Wellness is an integrated and have a doctor on site that oversees all psychiatric and med management
    - Open Hearts also has Case Management on site to help receive any other services that are needed and receive external referrals
    - Family Support Services- Called Resilient Voices- This program is for parents and guardians to allow them to come together as a group to discuss some of the hardships that are happening in their lives.

- Birth to Five Services- Offer family support piece as well as a coaching piece for the parents and the child. Helps with creating structure and being a new parent.
- Our Journey Program- It is specifically for the teenage population that struggles with substance abuse and it's where project aware is utilized. The program now has opened up to also support youth who need support with anxiety and peer relationships.
- Behavior Coaching Program- This program begins at age 5 in school all the way to age 17. Services can go beyond that age and have adult services for those turning 18. Kiddos can be seen in the community, school and at home.
  - Adults Program- Offer Psych Services, Med Management, and Counseling.
- Included Play Therapy and Family Therapy, Individual Therapy
  - **In anyone wants to learn more about the programs or learn how they can get involved. They can contact Shequan Palmer at [spalmer@openheartsaz.org](mailto:spalmer@openheartsaz.org)**
- **2021-2022 Grant Year Successes and Satisfaction: Team of Health Educators, Community Liaisons and Maria Tena Touchstone Health Services (THS)**
  - Grant Year Data/ Reach - Members saw and got to see a recap of Programs reach and data from the 2021-2022 grant year.
  - Coalition Functioning Instrument- Coalition members got to see a recap of the data gathered from the CFI. Members also learn about new changes happening based on the data collected.
- **Subcommittees-Youth, Trainings/Events, and Parents/Guardians**
  - Coalition members got to share feedback on the topics that they would like to see at the Adolescent Conference this year that will be held in person in March. Members shared topics such as:
    - Vaping education for students
    - Internet safety
    - Social skills and Reconnecting
    - Empathy and Compassion
    - ACE's
    - New tools for new generation
- **Upcoming Events, Raffles and Wrap-Up: Lydia Cossio Touchstone Health Services Assistant Director**
  - Next CARE Meeting November 4<sup>th</sup>, 2022- **Agency Spotlight: Project Aware**
  - Care Community Training: The Newest Drug Dealing Trends Training September 28<sup>th</sup>, 2022 from 2:00pm-2:30pm. RSVP in the link below:
    - <https://www.eventbrite.ca/e/the-newest-drug-dealing-trends-training-tickets-408155402797>
  - The raffle drawing competed with Shana Hornstein and Megan Loeffler as the winners of \$20.00 Target gift cards and CARE Shirts!
  - Agencies had an opportunity to share upcoming events in their communities and network.
    - Tolleson Union High School District- September 14<sup>th</sup>- Full Day District PD Day have a session for community resources. Contact Misty Andrews [misti.andrews@tuhsd.org](mailto:misti.andrews@tuhsd.org) for more information

- Poder in Action is having an info session September 22<sup>nd</sup> on Police and immigration collaboration and how it affects the communities in Maryvale. For more information contact Miros Domenzain [miros@poderinaction.org](mailto:miros@poderinaction.org).
- TESD- Be on the look out for monthly Business and Community Advisory Team Meeting
- September 29<sup>th</sup> Leadership and Development Conference contact Kasarah Abdella [kasarah.abdella@jagaz.org](mailto:kasarah.abdella@jagaz.org) for more information.