

CARE Coalition Meeting Minutes

November 4, 2022

11:30am-1:00pm

Glendale Community College Hybrid (Virtual and In-person) West-MEC
START Building; Presentation Room

Attendees: We had **32** Coalition Members in attendance

Alexis Perez, THS	Karina Herrera, THS
Andrea Arellano-Board Member GESD	Kasarah Abdella, JAG AZ
Anna Tran, Eliseo C. Felix	Lydia Cossio, THS
Beheir Johnson, Arizona Family Health Partnership	Maria Sued, THS
Brandi Jordan, Rise up Glendale	Maria Tena, THS
Daisy Pacheco, THS	Mikayla Morgan, THS
Daja Alexander, THS	Miros Domenzain, Poder in Action
David Kohl, Trevor Browne High	Misti Andrews, TUHSD
Erica Chavez, THS	Muna Huddad, AZEIP
Jackie Palomera England, Maricopa Department of Public Health	Natalie Schoenbauer- Board Member, GUSHD
Jacquelyn Ortega, THS	Neida Paez, THS
Jayne Hartley, THS	Odette Meraz, TESD
Jennifer Cohan, Resilient Health	Robert "Bob" Amavisca, Project Access Resource Centers
Jocabed Hernandez, Maricopa Public Health	Sabrina Arreola, THS
Jessie Anderson, Grad Solutions	Sebastian Rodriguez, THS
Justine McDilda, DESD Child Support	Sylvia Mason, AESD

- **Call to Meeting:** Erica Chavez - *Touchstone Health Services, Clinical Director*
 - Attendees were welcomed, provided housekeeping instructions, made aware of virtual attendees, and invited to grab lunch.

- **Icebreaker:** Lydia Cossio- *Touchstone Health Services, Assistant Director*
 - **Ice Breaker**
 - Started the meeting by going around the room and asking members to introduce themselves and answer the question provided.

- **Agency Spotlight:** Natalie Schoenbauer - *CARE Advisory Board Member*
 - **Project AWARE Arizona Department of Education -Amy Castellanos, Rebecca Astorga**
 - Project AWARE, Advancing Wellness and Resiliency in Education was developed as a result of the Sandy Hook school shooting, recognizing there were systems in place that were working in silos. Through the building of interconnected state- and community-level partnerships, the AWARE Team aims to promote systems integration and policy change. Project AWARE is a partnership with ADE and AHCCCS as the state mental health and Medicaid authority.
 - Infrastructure build to expand a comprehensive school mental health system; Multi-disciplinary teaming to include community provider representatives.
 - The core components of a comprehensive school mental health system identified experts at the National Center for School MHTTC:
 - Well-trained educators and specialized instructional support personnel
 - Family-school-community collaboration and teaming

- Needs assessment and resource mapping
- Multi-tiered system of support
- Mental health screening
- Evidence-based and emerging best practices
- Data
- Funding
- The School Health Assessment and Performance Evaluation (SHAPE) System is a public-access, web-based platform that offers schools, districts, and states a workspace, team self-assessment tools, and targeted resources to support continuous quality improvement for school mental health systems.
- Discussed Quality Indicators: Best practices guidelines for CSMH- This is used to self-assess indicators implementation and guide strategic quality improvement planning.
- Trauma Responsive Assessment Evidence-Informed Tool is composed of 8 Domains- Co-developed by the National Child Traumatic Stress Network.
- Talked about the School and Behavioral Health Partnerships. Updated version by January 2023 will include the new ASBA policy for mental health referral in support of Jake's Law, or the Children's Behavioral Health Services Fund.
- Children's Behavioral Health Service Fund
- Mitch Warnock Act
- Social Emotional Learning FREE for educators from MHTTC- Classroom WISE. 3-part training package that includes a FREE self-paced online course, video library featuring practicing teachers and students, comprehensive resource collection and website for K-12 educators on mental health literacy. classroomwise.org
- Talked about Statewide Arizona Initiatives Supporting Mental Health
 - Suicide Prevention Trainings
 - Mental Health Referral Policy
 - Technical Assistance to Support Implementation of CSMH
 - Coordinated Mental Health Messaging
 - Statewide suicide prevention plan
 - Universal education referral form
 - Expansion of Medicaid billing in schools

In anyone wants to learn more about the programs or learn how they can get involved. They can contact Rebecca Astorga, AWARE Grant Manager Rebecca.Astorga@azed.gov, or Amy Castellanos, AWARE Coordinator Amy.Castellanos@azed.gov.

- **Subcommittees-Youth, Trainings/Events, and Parents/Guardians**
- Coalition members got to share feedback on the topics that they would like to see at the Adolescent Conference this year that will be held in person March 3rd, 2023. Shared flyer with coalition members.

CARE Mini Training- Andrea Arellano- CARE Advisory Board Members

Daisy Pacheco, Jacquelyn Ortega, Sabrina Arreola Touchstone Health Services (THS) Community Liaison and Health Educators

- Topic: Family Meetings: Problem Solving Methods
 - Basics of Family Meetings
 - Problem Prevention Talks
 - The FLAC Method
 1. Feelings, Limits, Alternatives, Consequences

- THS Parenting Programs
- Family Meeting Handout: <https://drive.google.com/file/d/1uoiSGxqgCOzd31j-br2DiXCL6l6e0XIZ/view?usp=sharing>
- Mini Training Presentation: <https://drive.google.com/file/d/1KGY0LC6IwcGTS9eG137F09IVW9NHEERj/view?usp=sharing>
- **Upcoming Events, Raffles and Wrap-Up: Lydia Cossio** *Touchstone Health Services Assistant Director*
 - Next CARE Meeting February 17th, 2022- **Agency Spotlight: Rise up Glendale**
 - Touchstone is going to be holding a Focus Group with CARE Coalition members the week of November 28th. This focus group will be focused on sustainability of CARE and plans for the remaining month of this grant and other grants we can apply for. Sign-up sheet was passed out.
 - The raffle drawing competed with Amy Castellanos and Kasarah Abdella as the winners of \$20.00 Target gift cards and Medication Safety Bag!
 - Agencies had an opportunity to shared upcoming events in their communities and network.
 - Open Youth Mental Health First Aid November 30th at West-MEC Presentation Room.
 1. 10 seats available. Contact Alexis Perez for additional information at alexis.perez@touchstonebh.org or register at <https://www.eventbrite.ca/e/youth-mental-health-first-aid-training-tickets-454045822277>
 - CARE Community Training Focused on creating a trauma informed school environment for teachers. The Training will be December 14th at West-MEC Presentation room from 2:00PM- 3:30PM. For more information contact Alexis Perez at alexis.perez@touchstonebh.org
 - Tolleson Union High School District- Has a Community Forum November 14th at 7:00pm. Contact Misty Andrews misti.andrews@tuhsd.org for more information.
 - Poder in Action: Is having a Saber Es Poder Event around Fentanyl for parents this November 29th from 6pm-8pm at Stratus Event Center in Maryvale. For more information contact Miros Domenzain miros@poderinaction.org.