

TOUCHSTONE'S REACH PROGRAM

Touchstone Health Services, is a non-profit organization whose mission is to partner with individuals, families, schools, and other service providers to deliver the best health, education, and social services, with an emphasis on supporting youth and families to live productive and responsible lives. One component of Touchstones Prevention Department is the **REACH program**.



REACH is a three-year grant-funded program from the Office of Population Affairs, working in the Glendale, Alhambra, and Phoenix communities of Arizona. The goal is to have a significant impact on improving the optimal health of adolescents, building resiliency and reducing high risk behaviors through community collaboration and evidencebased curriculum.

CONTACT US FOR MORE INFORMATION



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A LOOK INTO GLENDALE'S RESOURCES FOR YOUTH

IN THE
GLENDALE
REGION OF ARIZONA



SEXUAL HEALTH

- **Planned Parenthood:**
Clinic offering STI testing/treatment, birth control, wellness exams and general health care;
5571 W Eugie Glendale, AZ 85304
602-277-7526 | plannedparenthood.org
- **Terros Health:**
Free HIV/STI testing and other sexual health programs;
4616 N 51st Ave #108 Glendale, AZ 85301
602-865-6000 | terroshealth.org
- **NOAH (Neighborhood Outreach Access to Health):**
Offers HIV/STI testing, wellness exams, birth control, general healthcare;
Copperwood Health Center 11851 N 51st Ave Ste. B110 Glendale, AZ 85304
480-882-4545 | noahhelps.org
- **Choices Pregnancy Center:**
623-486-5232
Emergency baby supplies, free pregnancy tests and ultrasounds, free LifePath classes for men and women;
10555 N 58th Dr Glendale, AZ 85302
623-486-5232 | choicesaz.org

TEEN PARENTING

- **Valleywise Community Health Center:**
Teen Parenting program offering prenatal yoga, nutrition assistance, natural childbirth techniques, career planning, classes on healthy relationships;
5141 W. LaMar Rd Glendale, AZ 85301
623-344-6700 | valleywisehealth.org
- **Arizona Youth Partnership:**
Offers the Starting Out Right program for pregnant and parenting youth ages 21 and younger, free pregnancy testing and support groups
6610 N 47th Ave #12 Glendale, AZ 85301
623-344-1501 | azyp.org

GENERAL RESOURCES

- **Department of Economic Security:**
To apply for AHCCCS, food stamps, childcare, etc.;
6010 N 57th Dr Glendale, AZ 85301
855-432-7587 | des.az.gov
- **Southwest Key Program:**
Offers safe shelter, alternatives to incarceration, career development and quality education;
5121 W Myrtle Ave Glendale, AZ 8530

COUNSELING

- **Touchstone Health Services:**
Integrated Health Agency that provides counseling services for families with AHCCCS or on a sliding scale.
15648 N. 35th Avenue Phoenix, AZ 85053
866-207-3882 | touchstonehs.org
- **Banner Thunderbird Behavioral Health:**
Intensive outpatient mental health/substance abuse services;
5555 W Thunderbird Rd Glendale, AZ 85306
bannerhealth.com
- **NOAH (Neighborhood Outreach Access to Health):**
Offers HIV/STI testing, wellness exams, birth control, general healthcare;
Copperwood Health Center 11851 N 51st Ave Ste. B110 Glendale, AZ 85304
480-882-4545 | noahhelps.org
- **Mercy Care RBHA:**
General behavioral health and referrals to counseling
602-586-1841 | mercycaresaz.org

DOMESTIC/DATING VIOLENCE & CHILD WELFARE

- **Glendale Family Advocacy Center:**
Domestic violence education, safety planning, legal and financial services assistance, counseling and children's services
623-930-3030 | glendaleaz.com
- **A New Leaf's Faith House:**
Emergency shelter, safety planning, domestic violence education, housing services, children's services, food and clothing assistance
480-890-3039 (24/7) | turnanewleaf.org

SUPPORT GROUPS

- **Alcoholics Anonymous:**
Twelve step meetings for alcohol abuse
602-264-1341 | aaphoenix.org
- **Survivors of Suicide:**
Support for those who have lost a loved one to suicide;
4425 W Olive Ave Suite 194 Glendale, AZ 85302
480-784-1514 ext: 1108 | empactsos.org
- **GRASP: Youth Program:**
Therapy and individual counseling for children and adolescents to help with behavioral issues and coping skills;
17215 N 72nd Dr C125, Glendale, AZ 85308
480-666-8517 | lifelinepcs.com

YOUTH DEVELOPMENT

- **Glendale/Peoria Family YMCA:**
Provides emergency childcare;
14711 N 59th Ave Glendale, AZ 85306
602-588-9622 | valleyymca.org
- **Boys and Girls Club of Metro Phoenix Swift Kids Branch:**
Offers after school youth programming.
6420 W Maryland Ave, Glendale, AZ 85301
(623) 939-6952. bgcaz.org
- **Spotlight Youth Theater:**
Offers youth programs such as theater camps, theater groups, school shows and field trips throughout the year;
10620 N 43rd Ave Glendale, AZ 85304
602-843-8318 | sytaaz.org
- **Ability360:**
Offers programs to empower people (youth included) with all disabilities;
6829 N 57th Ave Glendale, AZ 85301
602-242-4100 | ability360.org
- **Foothills Recreation & Aquatics Center:**
A full-service, recreation and aquatics center, educational classes, fitness and social activities for youth;
5600 W Union Hills Dr Glendale, AZ 85308
623-930-4600 | glendaleaz.com
- **Glendale Main Public Library:**
Features books, videos, music, a teens-only area, and a play area for younger children;
5959 W Brown St Glendale, AZ 85302
623-930-3600 | glendaleazlibrary.com

LGBTQ+

- **The Trevor Project:**
24 hour suicide helpline for LGBTQ+ youth
1-866-488-7386 | thetrevorproject.org
- **OnenTen:**
Support for LGBTQ youth
11024 N 28th Dr Suite 110 Glendale, AZ 85029
602-400-2601 | onen10ten.org
- **Q Chat Space:**
An online community of LGBTQ teens that can chat with other LGBTQ teens
qchatspace.org
- **Point Foundation:**
The national LGBTQ scholarship fund
pointfoundation.org