



In times of stress, having options for fun and learning activities to do at home is an important part of stabilizing the environment for youth. See below for some initial ideas:

| In Home Activities | Preschool to Elementary School | Middle School | High School |
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| LEGO building challenge | https://littlebinsforlittlehands.com/kids-lego-activities/ | https://thestemlaboratory.com/lego-stem-activities/ | https://frugalfun4boys.com/lego-projects-for-kids/ |
| Science fans | https://mysteryscience.com/school-closure-planning | | https://www.pbs.org/wgbh/nova/labs/ |
| Mindful Activities | | | |
| Listen to Podcasts | http://noodleloafshow.com/ https://www.storypirates.com/podcast https://www.julieslibraryshow.org/ | http://www.whatifworldpodcast.com/ https://www.storypirates.com/podcast https://www.vpr.org/programs/why-podcast-curious-kids#stream/0 | https://www.npr.org/podcasts/510321/wow-in-the-world |
| Virtual Tours Museum Virtual Tours | https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR0Lv0cryeLqysJ0f6gO-fZf-Nn2X-W4aaGuLN0O-2oZhBkv4sURkdWH72Y https://artsandculture.google.com/partner?hl=en https://www.louvre.fr/en/visites-en-ligne https://www.tempefestivalofthearts.com/ https://www.odyseaaquarium.com/virtualclassroom/ https://www.azscience.org/visit/map-virtual-tour/ | | |
| Virtual Tours of National Parks | https://artsandculture.withgoogle.com/en-us/national-parks-service | | |
| Universal's Wizarding World of Harry Potter | https://www.wizardingworld.com/collections/harry-potter-at-home | | |



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| Virtual Safari | https://www.andbeyond.com/bringing-africa-home/wildwatch-live/ |
| Virtual College Tours | https://www.youvisit.com/collegesearch/ |
| Virtual Aquarium | https://www.odysseaquarium.com/livecams/ |
| For teens, explore personal interests and hobbies: Make a vision board, work on sewing skills, read things of interest and work on the website your teens wants to build for the business they want to create. | |
| Love Disney movies? Here are fun craft ideas to make after the movie https://simplifyingfamily.com/disney-movie-crafts/?fbclid=IwAR3HsldF7o1KDTBwalBaw1d4L9Z9Jj4DZkSPtFNa11vKOO7CMLBG4SdKSH8 Disney has been sharing recipes of some of their famous theme park foods. Visit the Disney blog at https://disneyparks.disney.go.com/blog/topics/magic-moments/ | |
| Daily activities in cooking and science experiments: http://www.clubscikidzmd.com/blog/ | |
| Got a Phoenix library card? Explore ebooks and audiobooks through https://phoenix.overdrive.com/ Free eBooks for ages 3 - 11 https://home.oxfordowl.co.uk/books/free-ebooks/ Free ebooks for all https://archive.org/ | |
| NASA has resources for investigating the latest discoveries about our universe. For a range of activities and lessons, visit https://www.jpl.nasa.gov/edu/teachable-moments/ | |
| Preschoolers can join the adventures with the Space Rangers https://www.spaceracers.com/ | |
| The National Wildlife Federation is offering free Ranger Rick Educator's Guides until June https://rangerrick.org/stuck-indoors/ | |
| Free Coding Programs for Kids https://mommypoppins.com/coding-kids-free-websites-teach-learn-programming | |
| Cox Communications is offering affordable home internet for families who are enrolled in low income assistance programs through Connect2Compete: https://www.cox.com/residential/internet/connect2compete.html?campcode=search-promotion | |
| Want to teach your children how to properly wash their hands? Visit https://pages.etr.org/handwashing-lessons for fun hand-washing activities. | |
| Do you love crafts? Check out https://selfsufficientkids.com/ for ideas on fun activities for the whole family | |
| Is your child interested in photography? Nikon Camera is offering free photography classes https://www.nikonevents.com/us/live/nikon-school-online/ | |
| Some great indoor activities you can do with your children are: scavenger hunts, blanket fort, finger paint, and obstacle maze! | |
| Love to dress up? Have a family theme night! From picking a movie, dressing up as the character, and even make dinner that would help you experience the movie better. You can have your kids choose the theme and you all decide the details together! | |
| Have a toddler and need help on how to build a schedule that works for all? Check out this blog for great ideas: https://busytoddler.com/2020/03/daily-schedule-covid-19/ | |
| Is your child spending too much time online? Children's Screen Time Action Network offers kids suggestions for self-directed educational, screen-free activities that don't feel like extra work. https://screentimenetwork.org/resource/do-school-home | |



Love Card Games? Cards Against Humanity has released a Family Edition that can be used during family game night.
<https://www.cardsagainsthumanityfamilyedition.com/>

Explore new stories through Audible, where you can listen to stories for free on your computer or phone.
<https://stories.audible.com/start-listen>



| Online Learning | Preschool to Elementary School | Middle School | High School |
|-----------------|---|---|--|
| | <p>Circle Time Fun https://circletimefun.com/</p> <p>PBS Kids https://pbskids.org/</p> <p>Make Me Genius https://www.makemegenius.com/</p> <p>Starfall https://www.starfall.com/h/</p> <p>Highlights Kids https://www.highlightskids.com/</p> <p>ABCya https://www.abcya.com/</p> <p>The KIDZ Page http://www.thekidzpage.com/</p> <p>Fuel the Brain https://www.fuelthebrain.com/</p> <p>Mr. Nussbaum https://mrnussbaum.com/</p> <p>Educational worksheets https://www.education.com/</p> <p>Turtle Diary https://www.turtlediary.com/</p> <p>Sesame Street https://www.sesamestreet.org/</p> <p>Fun Fonix https://www.funfonix.com/</p> | <p>The Magic School Bus https://kids.scholastic.com/kids/books/the-magic-school-bus/</p> <p>National Geographic Kids https://kids.nationalgeographic.com/</p> <p>Funbrain https://www.funbrain.com/</p> <p>NGAkids Art Zone https://www.nga.gov/education/kids.html</p> <p>Scholastic https://classroommagazines.scholastic.com/support/learnathome.html</p> <p>Steve Spangler Science https://www.stevespanglerscience.com/</p> <p>Khan Academy https://khankids.zendesk.com/hc/en-us</p> <p>Study Jams http://studyjams.scholastic.com/studyjams/</p> <p>Magic Tree House https://www.magictreehouse.com/</p> | <p>Cool Math https://www.coolmath.com/</p> <p>Smithsonian Learning Lab https://learninglab.si.edu/</p> <p>Crash Course https://thecrashcourse.com/</p> <p>ASU Remote Learning Assistance https://www.asuprepdigital.org/asu-for-you/</p> <p>Outschool https://outschool.com/</p> <p>Varsity Tutors https://www.varsitytutors.com/</p> <p>Carnegie Mellon University Computer Science Academy https://academy.cs.cmu.edu/splash</p> <p>Skillshare skillshare.com</p> <p>Google Experiments https://experiments.withgoogle.com/collections</p> |



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|-----------------|--|---|--|
| | <p>Tvokids https://www.tvokids.com/</p> <p>NASA Kids' Club https://www.nasa.gov/kidsclub/index.html</p> <p>Grid Club https://gridclub.com/</p> <p>Dreamscape https://www.squigglepark.com/dreamscape/</p> <p>BrainPop Junior https://jr.brainpop.com/</p> <p>Mystery Science https://mysteryscience.com/school-closure-planning</p> <p>App: Go Explore from CBeebies Montessori Preschool</p> <p>Backpack Science https://www.backpacksciences.com/science-simplified</p> | <p>ABC Mouse: https://www.abcmouse.com/abt/homepage?cjevnt=606a80036a1111ea805200b60a1c0e10</p> <p>Breakout EDU: https://www.breakoutedu.com/funathome</p> <p>Scratch https://scratch.mit.edu/</p> <p>BBC Bitesize https://www.bbc.co.uk/bitesize</p> <p>Dreambox https://www.dreambox.com/</p> <p>Cosmic Kids Yoga https://www.cosmickids.com/</p> <p>Storyline Online https://www.storylineonline.net/</p> <p>Food Hero www.foodhero.org/</p> | <p>No Red Ink https://www.noredink.com/</p> <p>Wonderopolis https://wonderopolis.org/</p> <p>MassMutual Foundation https://futuresmart.massmutual.com/resources-for-parents/</p> <p>Coursera https://www.coursera.org/coronavirus</p> <p>The Gilder Lehrman Institute of American History https://www.gilderlehrman.org/blog/new-free-family-website-subscription-provides-resources-and-guidance-remote-learning</p> |

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| <p>Outside activities for the whole family.</p> | <p>Family gardening is a fun way for the whole family to <u>get outside</u> and enjoy a hobby together. There are many different types of gardening to choose from. Maybe plant some vegetables to harvest or plant your favorite fragrant flowers. https://kidsactivitiesblog.com/29712/family-gardening/ https://www.brighthorizons.com/family-resources/gardening-with-children</p> |
| <p>Cruise the Phoenix Zoo</p> | <p>A fun and safe gift for Mother's Day can be driving your car around the Phoenix Zoo during the month of May, Friday through Monday, 8 a.m. to 2 p.m., and the last day will be Sunday, May 31. Visit https://www.phoenixzoo.org/cruisethezoo/ for more information.</p> |

