

**Arizona Community Action Program:
(480) 963-1423**

Locations in Chandler and Gilbert
Assistance with job training, employment, eviction,
food, clothing, emergency financial, housing, etc.

**Arizona Department of Veterans' Services:
602-255-3373**

3839 N 3rd St, Phoenix, AZ 85012
Assistance with Employment, counseling, suicide
prevention, tuition, homelessness, substance abuse,
etc., for veterans.

**Arizona Child Care Resource and Referral:
1-800-308-9000**

Assistance with low/cost childcare, financial assistance,
education, child development, etc.

**Pendergast Community Center:
623-772-2319**

10550 W. Mariposa St. Phoenix, Arizona 85037
Assistance with financial services, tax services, SNAP,
healthcare, GED and ASL programs for adults

**Arizona Commission for Post Secondary
Education: 602-542-7230**

2020 N. Central Ave., Ste. 650 Phoenix, AZ 85004
Financial assistance for Arizona residents who
qualify.

Sojourner Center: (602) 244-0997

Assistance with housing, pets, support services,
children/youth for individuals experiencing domestic
violence.

**MARC Community Resource Inc.: 602-443-
3555**

Multiple locations Assistance with behavioral health,
elderly care, intellectual developmental disabilities,
family support, veteran services, etc.

**Arizona Health Care Cost Containment
System (AHCCCS): 1(855)-432-7587**

(multiple location throughout the valley)
Assistance with free/low cost health care plan for
residents of Arizona including transportation.

**Maricopa Integrated Health System (MIHS):
(623) 344-6800**

(Multiple locations in the valley)
950 E Van Buren St. Avondale, AZ 85323
Assistance with low cost clinic services for families in
Maricopa County including HIV/AIDS.

Suicide Prevention Line: 1-800-273-8255

Assistance 24/7 for individuals feeling suicidal or
depressed.

Copper Springs: (480) 565-3035

10550 W McDowell Rd. Avondale, AZ 85392
Assistance with substance use addiction, mental health,
and co-occurring disorders.

Native Health: (480) 550-4048

4041 N Central Ave, Phoenix, AZ 85012
Assistance with low-cost/free medical, dental,
behavioral health, LGBTQ+ services,
community health and wellness, etc.

Duet: (602) 274-5022

Assistance with resources, legal guidance,
respite, educational workshops and support
groups for grandparents parenting grandchildren.



866.207.3882

www.touchstonehs.org



RESOURCE GUIDE

Providing quality resources for
our community

Community Resources

2-1-1 Arizona: 2-1-1

Assistance with food, clothing, bills, housing, domestic violence, health, dental, disability, veteran, employment, mental health, tribal, family, substance abuse, etc.

Arizona Department of Economic Security (DES):

Multiple locations throughout the valley
<https://des.az.gov/services>

Assistance with but not limited to: employment, childcare, elderly care, utilities, food services, housing, GED classes, cash assistance, etc.

Arizona @ Work: (602) 372-9700

(Multiple location throughout the valley)
Assistance with employment, training, education opportunities, supportive services to participants and families that may qualify.

John F. Long: (602) 534-2433

3454 N 51st Ave, Phoenix, AZ 85031
Assistance with utilities, eviction, financial services, employment programs and budgeting services.

Adelante Healthcare: (877)809-5092

(Multiple locations throughout the valley)
Assistance with nutrition education, health care access, and food to pregnant, breastfeeding and non-breastfeeding mothers.

Tolleson Food Bank: (623) 925-0965

10 S. 93rd Ave, Tolleson, AZ 85353
Food assistance

St Mary's Food Bank: (602) 242-3663

(multiple locations throughout the valley)
Food assistance

Agua Fria Food and Clothing Bank: (623) 932-9135

405 E Harrison Dr, Avondale, AZ 85323
Assistance with food, clothing, school uniforms, baby care, etc.

Arizona Department of Housing: (602) 771-1000

Assistance with foreclosures, housing, loan services, eviction, special needs assistance, etc.

St. Vincent de Paul Homeless Shelter: (602) 850-6900

320 W Watkins Rd, Phoenix, AZ 85003
Assistance with food, housing, shelter, clothing, medical, dental, family wellness, etc.

Avondale Community Center: (623) 333-2401

1007 S. 3rd Street, Avondale, AZ 85323
Assistance with health/wellness screenings, exercise classes, financial resources, meals, transportation, senior care, etc.

Maricopa County Housing Authority: 602-744-4500

8910 N. 78th Ave, Building D, Peoria, AZ 85345
Assistance with section 8 housing.

Trellis: 602-258-1659

1405 E. McDowell Rd. Phoenix, AZ 85006
Assistance with the home buying process, real estate, resources, education, etc

Care1st Avondale Resource and Housing Center: (623) 333-2703

328 W. Western Ave. Avondale, AZ 85232
Assistance with housing, nutrition, parenting classes, AHCCCS, etc.

Arizona Treasury Department: (601) 542-7800

1700 West Washington Street, Phoenix, AZ 85007
Offers resources for financial literacy classes, credit rating, taxes, bank deposit program, etc.

Chicanos Por La Causa: (602) 257-0700

(Multiple locations throughout the valley)
Assistance with Health, Domestic Violence, immigration, parenting, senior services, substance abuse, housing, education, advocacy, etc.

First Things First: (602) 771-5100

(Multiple locations throughout the valley)
Assistance with Early childhood programs, resources, education, etc., for parents with children ages 0-5.

New Life Center: (623) 932-4404

Assistance with housing, shelter, children groups, safety planning, legal services, and resources for families or individuals experience abuse or violence

Jewish Family & Children Services: (602) 279-7655

(Multiple locations in the valley)
Assistance with medical, counseling, behavioral health, domestic violence, substance abuse recovery, resource, etc.

APS Bill Assistance: (800) 240-2014

Temporary crisis assistance to cover a current or past-due APS bill.

Surprise Resource Center: 623-222-1600

12425 W. Bell Rd. Ste. 124 Surprise AZ 85378
Assistance with rent, utilities, employment, food, nutrition, etc.